

Including, Connecting, Contributing
A Blueprint to transform Mental Health and Social Participation in Australia
Summary
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This Blueprint details a four-year \$2.5bn program of strategic and evidence-based investment in 30 new services that have the capacity to transform the mental health in this country. Over five years, total proposed expenditure is \$3.5bn, serving to increase the current level of investment in mental health from 7% to 8% of the total health budget. Australia currently spends over \$100bn annually on health care, or around 10% of GDP.

The funding recommended by this Blueprint is staged to 2015-16, as follows:

	Expenditure Required (Fin Year) (\$m)						
	11-12	12-13	13-14	14-15	4 Yr Total	15-16	5 Yr Total
Expenditure	344.5	507.5	715.5	932.5	2500	970.5	3470.5

This Blueprint specifies 30 transformational new services the Commonwealth can fund and set in place starting now. These 'Best Buy' services are in eight priority areas:

1. Prevention and early intervention services for children, young people and emerging adults (i.e. 0-25 years), with specific emphasis on increased access to both better primary care and more specialised community-based services (\$988m);
2. New integrated community services that use innovative contracting systems to drive real social inclusion and enhanced economic participation (\$710m);
3. New collaborative health services that are consistent with national health reform and promote primary and specialized mental health care in community-based settings (\$203m);
4. Collaborative medical and psychiatric services for maintenance of the elderly in community settings and to promote healthy ageing (\$100m);
5. A National Mental Health Commission to report annually (\$50m);
6. Use of new technologies, particularly e-mental health services to increase access to services as well as support ongoing self-care and traditional clinical care (\$160m);
7. Strategic research, development and evaluation to promote health service reform, investigate new and enhanced treatments and trial new models of service provision (\$139m); and
8. Reform and develop the mental health workforce, with a specific emphasis on promotion of flexible and responsive team-based care (\$150m).

The complete list of the 30 transformational services is at Table 1.

Table 1 – The Top 30 Best Buys

Best Buys	Expenditure Required (Fin Year) (\$m)						
	11-12	12-13	13-14	14-15	4 Yr Total	15-16	5 Yr Total
Priority Area 1 – New Services for Children and Young People							
1. National rollout of 15 new EPPIC-style services	31	106	191	272	600	310	910
2. National expansion of Headspace 90 service sites	22	27	45	66	160	66	226
3. Development of National Autism Early Intervention	5	10	15	20	50	20	70
4. Services for Specialised Assessment of Child Behavioural Disorders	5	10	15	20	50	20	70
5. Development of National Services Model for ADHD	5	10	15	20	50	20	70
6. National roll-out of beyond blue perinatal program through enhanced Commonwealth funding	8	9	12	19	48	19	67
7. National roll-out of Triple P Parent Training	5	5	10	10	30	10	40
Priority Area 2 - New Integrated Community Services							
8. Expansion of community services to enhance social participation	30	40	50	60	180	60	240
9. Capacity Building for Employment Support Sector targeting people with a mental illness	30	40	50	60	180	60	240
10. Boost the Employment Pathway Fund	30	30	40	50	150	50	200
11. Housing Support Programs designed to knit into state-run housing services	25	35	40	50	150	50	200
12. Development of Provider-based Assessment Tool	15	5	5	5	30	5	35
13. Mental Health Promotion Campaign for the Unemployed	5	5	5	5	20	5	25
Priority Area 3 - New Collaborative Health Services							
14. Incorporate the 'medical home' model for those with recurrent and severe disorders, and related medical comorbidity	20	30	40	50	140	50	190
15. Programs that focus on detection and management of depressive disorders in a range of specific medical settings (heart disease, stroke, cancer and chronic pain)	3	5	7	9	24	9	33
16. Family intervention for schizophrenia	3	5	7	8	23	8	31
17. Evidence-based dialectical behavioural therapy services for people with borderline personality disorder	2	4	5	5	16	5	21
Priority Area 4 - Collaborative services for healthy ageing							
18. Collaborative geriatric medical teams, equipped for home visits and drawing on psychiatric assistance as necessary.	10	12	17	21	60	21	81

Best Buys	Expenditure Required (Fin Year) (\$m)						
	11-12	12-13	13-14	14-15	4 Yr Total	15-16	5 Yr Total
19. Activities aimed at increasing the social inclusion of older Australians, with an emphasis on building and maintaining strong social networks.	7	8	10	15	40	15	55
Priority Area 5 – New Accountability							
20. Establishment of the new mental health Commission	10	10	10	10	40	10	50
21. Development of national collation of Consumer and Family Experiences of Care	2.5	2.5	2.5	2.5	10	2.5	12.5
Priority Area 6 - Use of New Technologies							
22. Enhance clinical payments for use of technology alternatives to face to face care	10	20	30	40	100	40	140
23. Increase the access of young people to mental health services, through National E-Centre for youth	5	7	8	10	30	10	40
24. Enhance suicide prevention, through development of suicide prevention portal	5	7	8	10	30	10	40
Priority Area 7 - Strategic research, development							
25. Evaluate new health service models alongside headspace, EPPIC-style and collaborative care health services	10	12	15	20	57	20	77
26. Support national evaluative programs focused on evaluation of pre-emptive strategies and developments of novel treatment approaches in: autism, child abuse, anti-bullying, ADHD and conduct disorders	9	12	14	17	52	17	69
27. Targeted NHMRC-administered research funds for bi-national research programs in early psychosis and severe mood disorders	5	5	10	10	30	10	40
Priority Area 8 - Reform and develop the mental health workforce							
28. Coordinate mental health care in the community for those with severe and persisting illness	9	12	13	16	50	16	66
29. Develop integrated medical and psychological care for older persons residing in the community	9	12	13	16	50	16	66
30. Develop specific clinical training fellowships in child health, youth mental health aged care and health services and clinical research	9	12	13	16	50	16	66
Total Expenditure	344.5	503.5	715.5	932.5	2500	970.5	3470.5